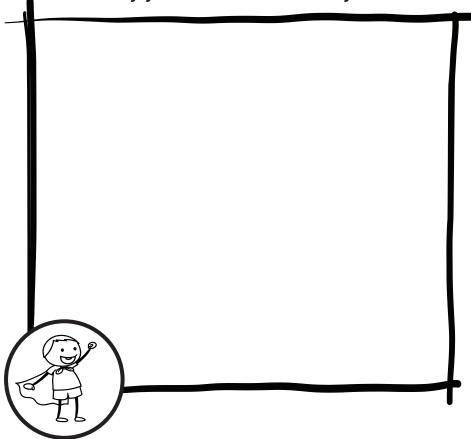
## BEEF ZIP!

Zip = Zinc, Iron and Protein.
Beef gives you **ENERGY** and **BUILDS STRONG MUSCLES!** Draw yourself doing an activity you like to do fueled by **BEEF!** 



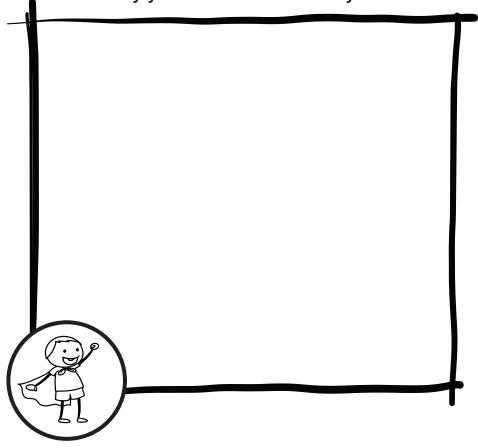
Visit www.ohiobeef.org to learn more about lean beef and strength!





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